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| **Coach Brown** |  | **Developmental Soccer** |  |
| PE - Soccer |  | 1/9 – 1/13 |  |

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| * **Monday** | **Daily Objective:** Go over daily class routine and class expectations. Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Dress out into soccer gear. 2. Report for attendance. 3. Instructional time. 4. Class activity. 5. Students dress back into their school clothes.   **Class Discussion Point(s):**   1. 1 VS. 1 attacking - Creating passing lanes, shoots, crosses, and clearances. 2. Answer student questions.   **Class Activity:**   1. Split group into three teams. 2. Participate in 3-minute rotating small-sided competitive games. 3. Winning team stays on the field to defend their round championship. 4. Emphasis: 1 vs. 1 effectiveness.   **Follow-Up/Homework:** |
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| **Tuesday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Dress out into soccer gear. 2. Report for attendance. 3. Instructional time. 4. Class activity. 5. Students dress back into their school clothes.   **Class Discussion Point(s):**   1. Review – 1 vs. 1 attacking – creating passing lanes, shoots, crosses and clearances. 2. Answer student questions.   **Class Activity:**   1. Split group into three teams 2. Participate in fast small-sided competitive games – tournament style. 3. Winning team stays on the field to defend their championship. 4. Emphasis: 1 vs. 1 effectiveness.   **Follow-Up/Homework:** Reminder about game evaluation grade Thursday. |
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| **Wednesday/Thursday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Students dress out into soccer gear 2. Students report for attendance 3. Class Discussion 4. Class activity 5. Students dress into their school clothes   **Class Discussion Point(s):**   1. 2 vs. 1 attacking. Importance of making the defender on the ball make fast decision. 2. Questions and answers.   **Class Activity (Game evaluation):**   1. Split up two full teams 2. Full-field game with positional responsibilities. 3. Substitutions made every 8 minutes of play. 4. Emphasis: 1 vs. 1 attacking effectiveness. 2 vs. 1 attacking execution when available.   **Follow-Up/Homework:** Professional soccer games schedule for the week. |
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| **Friday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Students dress out into the soccer gear. 2. Student report for class attendance. 3. Instructional time. 4. Class activity. 5. Student change back into their school clothes.   **Class Discussion Point(s):**   1. Review – 1 vs 1 attacking effectiveness. 2. Review – 2 vs. 1 attacking execution.   **Class Activity:**   1. Split up three teams and play small-sided tournament-style rotation games. 2. All students stay active during the course of class activity. 3. Emphasis: 1 vs 1 and 2 vs.1 attacking effectiveness and execution.. 4. Finish workout with core-muscle exercises for better body strength.   **Follow-Up/Homework:**   * Observe at least 20 minutes of a professional soccer game on tv. |